



School Newsletter

Barnabas the Encourager

Courage, Compassion, Creativity

Message from Miss Richards

This week, the St Barnabas Choir has been busy!

Thank you to Mrs Bellinger who runs our choir and organised for the children to attend the York Schools Choral Festival at the University of York on Tuesday.

Our singers joined with choirs from other Pathfinder Schools. It was a fantastic day with workshops in the morning and a concert in the afternoon. The children performed fantastically on a huge stage in front of all of the other schools, teachers and some parents, ending by singing the song 'Amazing' together with all of the other schools.



We are incredibly proud of how the children performed and joined in with all activities.; they were excellent ambassadors for our school.

Well done, choir!

Wishing you a wonderful weekend

Miss Richards

Executive Headteacher

Dates

Click [here](#) to view term dates for 2023-24

*new dates added this week

Wednesday 3rd July—Y6 transition to secondary school

Thursday 4th July—Y6 transition—Manor only
(Children attending Manor have 2 days transition)

Friday 5th July—School choir attend 'Big Sing' event—details to follow

Thursday 11th July—Sports Day (am) - details to follow next half term. Reserve date—18th July

Thursday 18th July—Leavers' Disco—details to follow

Friday 19th July—last day of term, break up for summer

Certificates

Congratulations to the superstar children receiving awards this week:

Attenborough: Taliah and Connie

Hadid: Conor, Evie and Helena

Farah: Otilia and the St Barnabas Choir

Kahlo: Lucas, Nasma and Natan

Well done, everyone!

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Pack Ups

From next week, we will be asking children to take any leftovers or rubbish from their pack ups home rather than throw it out at school.

The reason for this is so that parents and carers can see how much children are eating and what they are eating. We have noticed recently that children are eating the sweet and chocolate treats in their pack up and not always healthy options.

We feel it is important that parents are aware of what is being eaten or wasted. Whilst we supervise at lunchtime, it is very easy for children to take uneaten items to the bin along with their rubbish and for us not to notice.



Polling Station

It has come to our attention that polling cards for the general election on Thursday 4th July name the school as the polling station.

We have been in touch with the council who have confirmed that this is an error; **the polling station will be the church.**

Additional staff and signage will be in place on election day to signpost voters to the church and ensure they do not come into school.

The sun has arrived!

Please remember the following every day as the weather can change and become hotter by lunchtime:

- hat
- sun cream - ideally long lasting, applied before school or roll-on that children can use themselves
- water bottle



Science Workshop

On Monday afternoon, Farah Class had a workshop from Tim and Louisa who work at the University of York in the biology department. They sorted cuddly toys into groups according to their characteristics and thought about whether they were herbivores, carnivores and omnivores.

Outside, the class played a game where some children were predators and some were prey. They developed adaptations to make themselves better predators or to protect themselves better as prey.



Freeze Fridays are Back!

Every Friday from next week we will be selling ice creams and ice lollies at the end of the day in the playground. Ice lollies will start from £1 and ice creams from £1.50. All the funds raised will go toward class trips.

Lets hope the sunshine continues!



10 Top Tips for Parents and Educators

PROMOTING PHYSICAL WELLBEING

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

1 MAKE IT FUN



Incorporate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social connections and a sense of belonging.

2 MIX MOVEMENT WITH LEARNING



Educational settings can incorporate movement breaks and physical activities to enhance focus, concentration and cognitive function. Embedding exercise into the curriculum can also reinforce learning and stimulate creativity. 'Revision walks' with podcasts and flashcards can benefit older learners.

3 CREATE OPPORTUNITIES

Provide clear chances for physical activity throughout the day, both indoors and outdoors. Schools can encourage active play during breaks and at lunchtimes, while limiting screen time at home can help keep children up and about.

4 PROVIDE POSITIVE REINFORCEMENT



Praise and encourage children for their efforts and achievements in physical activity. Recognise their progress and celebrate their successes to reinforce positive behaviours. Educators could do this in several ways, such as applauding their efforts at assemblies or celebrating their accomplishments in newsletters.

5 VARIETY IS KEY



Introduce a selection of physical activities to keep children engaged and prevent boredom. From swimming and cycling to yoga and martial arts, trying different types of exercise can help children to discover what they enjoy most.

6 ENJOYMENT OVER COMPETITION



Encourage children to focus on the enjoyment of physical activity rather than winning or achieving perfection. Emphasise effort, improvement and having fun rather than outcomes, to minimise the amount of stress that children can sometimes associate with sports and other competitions.

7 SET REALISTIC GOALS



Help children set achievable physical activity targets based on their interests, abilities and preferences. Celebrate their progress and successes to maintain motivation and enthusiasm.

8 MAKE IT ACCESSIBLE



Ensure that children have access to safe, suitable spaces for exercise at home, at school and in the community. Advocate for inclusive environments which accommodate diverse needs and abilities. Be a change maker in your community if facilities aren't already available.

9 LEAD BY EXAMPLE



Parents and carers can be positive role models by prioritising their own exercise and involving children in their fitness routines. Gentle walks, bike rides or sports activities can be wonderful opportunities for bonding and staying active together.

10 ENCOURAGE PERSISTENCE



Help children develop resilience and perseverance by encouraging them to overcome challenges and setbacks in physical activity. Teach them the importance of perseverance and the value of effort in achieving their goals.

OUR SCHOOLS ARE



Support Staff Vacancies



Job	Cleaning Assistant
School	Archbishop Holgate's School
Details	Required as soon as possible Currently £11.52 per hour Part Time: 20 hours per week, Term Time Only Hours of work: Mon-Fri, 3.30-7.30pm
Closes	N/A

Job	After School Club Manager
School	Rufforth Primary School
Details	Grade 5 Level 1 Monday to Friday – 3pm – 6.15pm term time only plus 8 hours per year for training requirements. There could be flexibility regarding working hours.
Closes	N/A

Job	Deputy Designated Safeguarding Lead
School	Archbishop Holgate's School
Details	Grade 9 (currently £35,737-£40,230 pa). Part Time, 3 or 4 days per week, Full Year. Required from September 2024.
Closes	17th June 2024 at 08.00am

Job	Teacher of Science
School	Archbishop Holgate's School
Details	Mainscale/UPS. Required from September 2024
Closes	18th June 2024 at 08.00am

Job	Advanced Teaching Assistant—Literacy
School	Malton School
Details	Grade D, Scale Points 5-6 Part-time (33.5 hours per week) Term-time only (incl. training days) £23,500 – £23,893 per annum FTE
Closes	Wednesday 26th June at 09.00am

OUR SCHOOLS ARE RECRUITING



Support Staff Vacancies

For details and to apply, visit our [website](#) or scan the QR code



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