

FAMILY MATTERS COURSES

“It has been lovely hearing feedback from parents on our courses saying what a difference they have made to their families' lives. They don't feel so alone and have tools and confidence to build better relationships with their children and parent them more effectively.

We have a course for parents who have children with Additional Needs starting this Thursday 12.45 to 2.45pm and running for 6 weeks avoiding half term.

For flyer click [here](#)

Courses starting after half term are as follows:

Handling Anger in the Family:

Monday mornings 9.30 to 11.30am for 4 weeks starting 16th November online via Zoom.

For flyer click [here](#)

Monday evenings 7.15 to 9pm for 4 weeks starting 16th November online via Zoom.

For flyer click [here](#)

Tuesday evenings 7.15 to 9pm for 4 weeks starting 10th November online via Zoom.

For flyer click [here](#)

Monday afternoons 12.45 to 2.45pm at Cornerstone @ St. Georges, Millfield Lane, Osbaldwick YO10 3AL for 4 weeks starting 16th November.

For flyer click [here](#)

Teenage Years:

Wednesday afternoons 12.45 to 2.45pm for 5 weeks starting 11th November online via Zoom.

For flyer click [here](#)

Thursday evenings 7.15 to 9pm for 5 weeks starting 12th November online via Zoom.

For flyer click [here](#)

Primary Years:

Thursday mornings 9.30 to 11.30am for 5 weeks starting 12th November online via Zoom.

For flyer click [here](#)

Tuesday mornings 9.30 to 11.30am for 5 weeks starting 10th November at Trinity Methodist Church, Clifton Gardens, Goole DN14 6AS.

For flyer click [here](#)

Early Years:

Wednesday evenings 7.15 to 9pm for 5 weeks starting 11th November online via Zoom.

For flyer click [here](#)

To book a place or for further information please contact Helen Atkinson on 07393 147259 email: helenatkinson@fmy.org.uk or you can find more information about our courses on our website <https://fmy.org.uk/parenting/>