

Learn to ride for complete beginners



23rd September 2019

Dear Parent/Carer,

As part of St Barnabas CE Primary School's ongoing involvement with the **Sustrans Travel2School** project, we are offering children the chance to learn to ride without their stabilisers. The free sessions will be supervised by Kat Adam, our Sustrans Active Travel Officer.

When: Wednesday 23rd October 2019

Where: On the playground at the times listed below

Essential Information

These sessions are designed for children who are complete beginners and are unable to cycle without stabilisers. During the session the pedals will be removed from the bike and the height of the saddle maybe adjusted. In order to give the children as much learning to ride time as possible **it is important that the stabilisers are removed before you bring the bike to school.**

Your child will need:

- a bike which is small enough for their feet to touch the ground easily
- a cycle helmet and comfortable, close fitting clothes appropriate to the weather conditions

The bike **must be in good condition** as there will not be any time for maintenance. Please ensure that:

- the tyres are pumped up
- both brakes are working and can be easily operated by your child
- the saddle can be easily adjusted in height
- the pedals can be easily removed.

Bikes that are not safe to learn to ride on will be excluded from the session.

Places are limited to six per session, and will be allocated on a first come first served basis. Where more than one timeslot is available, please indicate your preferred time. We will try to accommodate your preference, but cannot guarantee this if demand is high. We will let you know your allocated time by 16th October. Please return slip below by Friday 11th October.

Many thanks,
Miss K Boardman
Headteacher

Learn to Ride Without Stabilisers – Wednesday 23rd October 2019

Please return this slip to the school office by Friday 11th October if you wish your child to take part.

Name of child: _____ Class: _____

I would like my child to take part in the 'learn to ride' session. **My child cannot cycle without stabilisers** at the moment. I have read and understand all of the essential information listed above, and **agree a parent/guardian will accompany my child on the day.**

Signed: _____ Parent/Guardian Date: _____

We would like to attend the following session: (Please number in order of preference, e.g. First choice = 1, Second choice = 2, Unable to attend this session = x)

9-10:15am	
10:35-12:00 noon	
1:05 – 2:30pm	