



Week Three Menu

Served weeks commencing: 17th Sept, 8th Oct, 19th Nov,
10th Dec, 21st Jan, 11th Feb

	MAIN MEAL	VEGETARIAN	JACKET POTATO	COLD DELI	DESSERTS
MONDAY	Cheese Pinwheel served with Baked Beans Seasonal Vegetables	Hot Barbeque Quorn Wrap served with Seasonal Vegetables	Jacket Potato served with Cheese or Baked Beans	Egg Mayonnaise Sandwich served with self-help Cold Deli Bar	Iced Lemon Sponge Cake
TUESDAY	Lasagne served with Garlic Bread and Seasonal Vegetables	Vegetarian Chilli and Nachos served with and Seasonal Vegetables	Jacket Potato served with Cheese or Baked Beans	Cheese Roll served with self-help Cold Deli Bar	Apple Sponge served with Custard Sauce
WEDNESDAY	Roast Chicken served with Roast Potatoes Seasonal Vegetables	Roast Quorn Fillet served with Roast Potatoes Seasonal Vegetables	Jacket Potato served with Cheese or Baked Beans	Roast Turkey Sandwich served with self-help Cold Deli	Ice-cream with a Shortbread finger
THURSDAY	Meatballs in Tomato Sauce served with Pasta and Seasonal Vegetables	Veggie Meatballs in Tomato Sauce with Pasta Seasonal Vegetables	Jacket Potato served with Cheese or Baked Beans	Roast Ham Sandwich served with self-help Cold Deli	Chocolate Crispy Cake
FRIDAY	Fish or Salmon Fingers with Chips and Baked Beans or Peas	Cheese and Bean Pasty served with Chips and Baked Beans or Peas	Jacket Potato served with Cheese or Baked Beans	Tuna Mayonnaise Wrap served with self-help Cold Deli	Fruity Friday