

Week One Menu

Served weeks commencing: 3rd Sept, 24th Sept, 15th Oct,
5th Nov, 26th Nov, 17th Dec, 7th Jan, 28th Jan, 18th Feb

	MAIN MEAL	VEGETARIAN	JACKET POTATO	COLD DELI	DESSERTS
MONDAY	Macaroni Cheese served with Garlic Bread and Seasonal Vegetables	Vegetarian Cottage Pie served with Seasonal Vegetables	Baked Jacket Potato served with Cheese or Baked Beans	Egg Mayonnaise Sandwich served with the Self Help Deli Table	Flapjack with fresh apple served with Custard Sauce
TUESDAY	Beef Burger served in a Soft Bun with Potato Wedges Seasonal Vegetables	Veggie Burger served in a Soft Bun with Potato Wedges and Seasonal Vegetables	Baked Jacket Potato served with Cheese or Baked Beans	Cheese Roll served with the Self Help Deli Table	Home Made Cinnamon Oaty Cookie
WEDNESDAY	Roast Turkey served with Roast Potatoes Seasonal Vegetables	Vegetarian Meatloaf Roast Potatoes served with Seasonal Vegetables	Baked Jacket Potato served with Cheese or Baked Beans	Roast Turkey Sandwich served with the Self Help Deli Table	Fruit Flavoured Jelly served with Fruit pieces
THURSDAY	Creamy Chicken and Sweetcorn served with Boiled Rice and Naan Bread	Mild Vegetable Curry served with Boiled Rice and Naan Bread	Baked Jacket Potato served with Cheese or Baked Beans	Roast Ham Sandwich served with the Self Help Deli Table	Jam Sponge Pudding served with Creamy Custard
FRIDAY	Fish Fingers served with Chips and Baked Beans or Peas	Vegetable Fingers served with Chips and Beans or Peas	Baked Jacket Potato served with Cheese or Baked Beans	Tuna Mayonnaise filled Wrap served with the Self Help Deli Table	Chocolate Cornflake Cake

