

Week One Menu



Week commencing 3rd Sept, 24th Sept, 15th Oct, 5th Nov, 26th Nov, 17th Dec
NOTE: Please check with school for inset days, holidays and half term dates

Key

V - VEGETARIAN
GF - GLUTEN FREE

Monday

MACARONI CHEESE & GARLIC SLICE (V)
VEGGIE COTTAGE PIE (V)
SEASONAL VEGETABLES (V) (GF)
APPLE FLAPJACK WITH CUSTARD
EGG SANDWICH

Tuesday

BEEF BURGER SERVED IN A BUN
VEGGIE BURGER SERVED IN A BUN (V)
SEASONAL VEGETABLES (V) (GF)
CINAMON OATY COOKIE
CHEESE ROLL

Wednesday

ROAST TURKEY ROAST POTATOES & GRAVY
QUORN FILLET WITH ROAST POTATOES (V)
SEASONAL VEGETABLES (V) (GF)
JELLY & FRUIT
TURKEY SANDWICH

Thursday

CREAMY CHICKEN & SWEETCORN WITH RICE
VEGETABLE CURRY WITH RICE (V)
SEASONAL VEGETABLES (V) (GF)
JAM SPONGE WITH CUSTARD
HAM SANDWICH

Friday

FISH FINGERS WITH CHIPS
VEGETABLE FINGERS AND CHIPS
SEASONAL VEGETABLES (V) (GF)
APPLE CRUMBLE WITH CUSTARD
TUNA WRAP

Available Daily

WHOLEMEAL BREAD,
COLD DELI BAR, A
SELECTION OF
FILLED JACKET
POTATOES, WATER,
SEASONAL FRESH
FRUIT OR YOGURT.

Week Two Menu



Week commencing 10th Sept, 1st Oct, 22nd Oct, 12th Nov, 3rd Dec
NOTE: Please check with school for inset days, holidays and half term dates

Key

V - VEGETARIAN
GF - GLUTEN FREE

Monday

LASAGNE & GARLIC BREAD (V)
CHEESE AND TOMATO PASTA (V)
SEASONAL VEGETABLES (V) (GF)
CHOCOLATE ICED SPONGE
EGG SANDWICH

Tuesday

SAUSAGE AND MASH
VEGETARIAN SAUSAGE AND MASH (V)
SEASONAL VEGETABLES (V) (GF)
MANCHESTER TART
CHEESE ROLL

Wednesday

ROAST GAMMON ROAST POTATOES & GRAVY
VEGETABLE PIE & ROAST POTATOES (V)
SEASONAL VEGETABLES (V) (GF)
HOME MADE SPONGE WITH CUSTARD
TURKEY SANDWICH

Thursday

HAM TOPPED PIZZA & POTATO WEDGES
MARGUERITA PIZZA & POTATO WEDGES (V)
SEASONAL VEGETABLES (V) (GF)
BANANA TRAYBAKE
HAM SANDWICH

Friday

FISH FILLET WITH CHIPS
BEAN & CHEESE PASTY AND CHIPS
SEASONAL VEGETABLES (V) (GF)
CHOCOLATE MUFFIN
TUNA WRAP

Available Daily

WHOLEMEAL BREAD,
COLD DELI BAR, A
SELECTION OF
FILLED JACKET
POTATOES, WATER,
SEASONAL FRESH
FRUIT OR YOGURT.

Week Three Menu



Week commencing 17th Sept, 8th Oct, 19th Nov, 11th Dec
NOTE: Please check with school for inset days, holidays and half term dates

Key

V - VEGETARIAN
GF - GLUTEN FREE

Monday

CHEESE PINWHEEL WITH BAKED BEANS (V)
HOT BBQ QUORN WRAP (V)
SEASONAL VEGETABLES (V) (GF)
ICED LEMON SPONGE CAKE
EGG SANDWICH

Tuesday

BEEF LASAGNE WITH GARLIC SLICE
VEGETARIAN COTTAGE PIE (V)
SEASONAL VEGETABLES (V) (GF)
APPLE SPONGE WITH CUSTARD
CHEESE ROLL

Wednesday

ROAST CHICKEN ROAST POTATOES & GRAVY
QUORN ROAST POTATOES & GRAVY (V)
SEASONAL VEGETABLES (V) (GF)
ICECREAM WITH SHORTBREAD FINGER
TURKEY SANDWICH

Thursday

MEATBALLS IN TOMATO SAUCE WITH PASTA
VEGGIE MEATBALLS WITH PASTA (V)
SEASONAL VEGETABLES (V) (GF)
CHOCOLATE CRISPY CAKE
HAM SANDWICH

Friday

FISH OR SALMON FINGERS & CHIPS
VEGGIE HOTDOG & CHIPS (V)
SEASONAL VEGETABLES (V) (GF)
FRUITY FRIDAY
TUNA WRAP

Available Daily

WHOLEMEAL BREAD,
COLD DELI BAR, A
SELECTION OF
FILLED JACKET
POTATOES, WATER,
SEASONAL FRESH
FRUIT OR YOGURT.

