

Travel2School

FREE Y3/4 Cycle Skills Sessions – Tues 24th April 2018

Improving confidence and skill for those who can already cycle.

Dear Parent/Carer,

As part of your school's involvement with the **Sustrans Travel2School** project, we have arranged for some playground based 'Cycle Skills' sessions. These sessions are FREE and will take place on the school playground during the school day.

Date: Tuesday 24th April 2018
Who: Open to pupils in Year 3 and 4
Where: On the playground at St. Barnabas CE Primary School

Essential Information

The children will practise their balancing, braking and general bike handling skills through a series of fun cycling games, designed to help them develop into more skilful and safer cyclists. They will also learn how to carry out a short safety check on their bikes.

It is important that **all bikes should be in good working order**. This means you need to have:

- Good working front and rear brakes.
- Well-pumped up tyres - punctures cannot be repaired, as time does not allow for this.
- Working pedals.
- A frame with no cracks on the welded joints.
- Well-oiled chain.
- Secure saddle and handle bars.

The session is outdoors so **appropriate clothing/ footwear** is required. Pupils will also need a **cycle helmet**.

Any child whose bike is not considered to be safe will be unable to take part.

Places are limited and will be allocated on a first come first served basis. You will be contacted by Friday 20th April to confirm your place.

Regards,

Erin Gray
Sustrans Active Travel officer, York. Email: erin.gray@sustrans.org.uk

St. Barnabas CE Primary School – Tuesday 24th April 2018 – Y3/4 Cycle Skills

*Please return this slip to the school office by **Wednesday 18th April at the latest** if you wish your child to take part.*

Name of your child: _____

Class _____ Parent contact no: _____

I would like my child to take part in a 'Cycle Skills' session.

I have read all of the essential information listed above and understand my child will need a roadworthy bike, appropriate clothing and a helmet.

Signed: _____ Parent/Guardian Date: _____