

Sustrans - what do we do?

Sustrans is the UK's leading sustainable transport charity, working on practical projects so people can choose to travel in ways that benefit their health and the environment.

We work throughout the UK to help children to travel actively and safely, with more than 140 expert schools officers working intensively in over 2,400 schools.

The Bike It project creates a culture of active travel within project schools. We aim to:

- Increase the number of young people travelling to school actively and sustainably by foot, bike or scooter.
- Reduce the number of young people travelling to school by car – with a shift to active travel modes or use of public transport.

Other benefits of the project include increased levels of physical activity and wellbeing among pupils. As well as reduced car usage and increased active travel outside of school among pupils, parents and teachers.

We're delighted to be working with your school over the next year. Each project is tailored to meet the context and needs of the school and its pupils.



Some of the activities that will be on offer include:

- Bike It breakfasts
- Dr Bike safety checks
- Scooter and cycle skills
- Assemblies
- Curriculum sessions
- Transition and Safer Routes
- Support with cycle storage

Your Sustrans Officer



Hi, I'm Erin Gray, Sustrans Bike It Officer. I work with schools across York to encourage and enable young people, families and school staff to choose active, sustainable travel for their journey to school.

The Bike It project is funded by York Council.



Contact me:

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Sustrans is the charity that's enabling people to travel by foot, bike or public transport for more of the journeys we make every day. It's time we all began making smarter travel choices. Make your move and support Sustrans today: www.sustrans.org.uk or call 0845 113 00 65 for more info.

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