



St Barnabas C of E Primary School
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Headteacher: Miss K Boardman (BSc Hons)

"Barnabas, the Encourager"

10th February 2017

Dear Parents

Next week in school we are having a themed week called 'Safe from Harm Week'.

Through a range of different activities during the week our aims are for children to

- **To understand how to be safe from harm on the internet**
- **To understand how rules and laws keep people safe**
- **To understand how to be safe in the local area (near water / railway lines)**
- **To understand the importance of telling if something isn't safe / or you are worried**
- **To understand that some people in the world don't have a safe place to live (eg. refugees)**
- **To know that children have the right to be safe and protected (United Nations Convention on the Rights of the Child)**

NSPCC PANTS

As part of this week, children in their classes will be discussing the **NSPCC's PANTS rules**.

During these discussions we will aim to teach our pupils the following important safety skills without giving explicit information or telling scary stories. We will be teaching our pupils how to stay safe by learning the PANTS rules, which the NSPCC have developed to be like a Green Cross Code for staying safe from sexual abuse.

PANTS stands for:

- **Privates are private.**
- **Always remember your body belongs to you.**
- **No means no.**
- **Talk about secrets that upset you.**
- **Speak up, someone can help.**

The lessons will introduce a range of ideas, all delivered in a way that's fully age-appropriate, empowering pupils without using any frightening words.

These include:

- **good and bad touching**
- **your child's right to say no to things that make them feel upset or uncomfortable**
- **naming parts of the body**
- **who your child can turn to if they ever feel upset or worried.**

If you would like to know more about the resources that we will be using and learn more about how you can support this at home, more information can be found at

www.nspcc.org.uk/pants

ONLINE SAFETY

Children will be learning important information such as not giving out personal information, what to do if they are worried about something they see on the internet and what to do in case of cyber-bullying, as appropriate for their age.

Some of the resources, including animated films, that we will be using can be found on our school website in the Well Being – Online Safety section

<http://stbarnabasprimary.co.uk/well-being/online-safety/>

There is lots of information for parents in this section too.

Children in Shakespeare and Anderson Class will be using the resource 'Play Like Share'. More information about this can be found in the attached letter.

It is great that some of you have already signed up for the Parents E-Safety Workshop on Monday afternoon (1-3pm at school). There are still spaces at this informal workshop and you are welcome to bring younger children. Please contact school to let us know you will be attending so that we can have enough refreshments!

If you have any questions or concerns about any of the content that we will be covering during this themed week, please don't hesitate to get in touch.

Best wishes

Miss K Boardman

Headteacher